

Shepard School Shepard School (K-8) Lunch, September 2025



			Th des. 4	Friday 05
Monday 01	Tuesday 02	Wednesday 03	Thursday 04	
Closed	Macaroni & Cheese O Dinner Roll Steamed Carrots Applesauce Cup	Pancakes Syrup Turkey Sausage Patties Tater Tots Orange	Pizzeria Pizza Corn & Black Bean Salad Apple Slices	Beef Nachos Scoops & Brown Rice Salsa Black Beans Banana
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
Popcorn Chicken & Mashed Potato Bowl & <i>Dinner Roll</i> Steamed Broccoli Apple	Cheeseburger on a Bun Garbanzo Bean & Red Pepper Salad Applesauce Cup	Homemade Baked Ziti O Dinner Roll Steamed Green Beans & Carrots Orange	Pizzeria Pizza Cucumber & Tomato Salad Apple Slices	French Toast Sticks O Yogurt Parfait Baby Carrots Banana
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Chicken Tenders & Dinner Roll Steamed Broccoli Apple	Grilled Cheese Sandwich Steamed Carrots Applesauce Cup	BBQ Beef Rib Hero 🥏 Tater Tots Orange	Pizzeria Pizza Corn & Black Bean Salad Apple Slices	Closed
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Beef Empanada	Pasta w/ Meatballs // Dinner Roll Steamed Broccoli Applesauce Cup	Boneless Chicken Wings	Pizzeria Pizza Cucumber & Tomato Salad Apple Slices	Breakfast Sampler Baby Carrots Banana
Monday 29	Tuesday 30			
General Tso's Chicken ∜ Brown Rice Steamed Broccoli Apple	French Bread Pizza O Cucumbers Applesauce Cup	No Menu Available	No Menu Available	No Menu Available

^{*} Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.