



# Shepard Prep High School

## Shepard Prep High School (9-12)

### Lunch , April 2025



	Tuesday 01	Wednesday 02	Thursday 03	Friday 04
No Menu Available	<b>Macaroni &amp; Cheese</b> 🟢 <i>Dinner Roll</i> <b>Steamed Carrots</b> <b>Applesauce Cup</b>	<b>Maple-Flavored Buttermilk Pancakes</b> 🟢 <i>Turkey Sausage Patties</i> <i>Syrup</i> <b>Tater Tots</b> <b>Orange</b>	<b>Pizzeria Pizza</b> <b>Cucumber &amp; Tomato Salad</b> <b>Apple Slices</b>	<b>Beef Nachos</b> <i>Scoops &amp; Brown Rice</i> <i>Salsa</i> <b>Black Beans</b> <b>Banana</b>
Monday 07	Tuesday 08	Wednesday 09	Thursday 10	Friday 11
<b>Popcorn Chicken &amp; Mashed Potato Bowl</b> 🟢 🍴 <i>Dinner Roll</i> <b>Steamed Broccoli</b> <b>Apple</b>	<b>Cheeseburger on a Bun</b> 🍔 <b>Sweet Potato Fries</b> <b>Applesauce Cup</b>	<b>Homemade Baked Ziti</b> 🟢 <i>Dinner Roll</i> <b>Steamed Green Beans &amp; Carrots</b> <b>Orange</b>	<b>Pizzeria Pizza</b> <b>Garbanzo Bean &amp; Red Pepper Salad</b> <b>Apple Slices</b>	<b>French Toast Sticks</b> 🟢 <i>Yogurt Parfait</i> <b>Baby Carrots</b> <b>Banana</b>
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Closed	Closed	Closed	Closed	Closed
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
<b>Beef Empanada</b> 🟢 <i>Fiesta Rice &amp; Beans</i> <b>Black Beans</b> <b>Apple</b>	<b>Pasta w/ Meatballs</b> 🍝 <i>Dinner Roll</i> <b>Steamed Broccoli</b> <b>Applesauce Cup</b>	<b>Boneless Chicken Wings</b> 🍗 <i>Dinner Roll</i> <b>Mashed Potatoes</b> <b>Orange</b>	<b>Pizzeria Pizza</b> <b>Cucumber &amp; Tomato Salad</b> <b>Apple Slices</b>	<b>All-Beef Hot Dog on a Bun</b> <b>Baked Beans</b> <b>Banana</b>
Monday 28	Tuesday 29	Wednesday 30		
<b>Grilled Cheese Sandwich</b> 🟢 <b>Steamed Broccoli</b> <b>Apple</b>	<b>Mozzarella Sticks</b> 🟢 <i>Marinara Sauce</i> <b>Cucumbers</b> <b>Applesauce Cup</b>	<b>Breaded Chicken Fillet on a Bun</b> 🍗 <b>Corn</b> <b>Orange</b>	No Menu Available	No Menu Available

\* Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.