



2017-2018 PROFESSIONAL WORKSHOP SERIES

Free Half-Day Workshops held at our High School 8 Columba St Morristown, NJ 07960

Special focus on evidence based strategies for addressing challenging behaviors

Now taking registrations for Workshop #1 Wednesday, November 8, 2017 8:30 am -12:00 pm

**Topic:** School Refusal: Identification and Evidence-Based Intervention Strategies

**Presenter:** Dr. Daniela Colognori, Psy.D. Licensed Clinical Psychologist

## Who Should Participate?

Child Study Team Members, Counselors, Regular & Special Education Teachers, Speech-Language Therapists, Principals, School Nurses

\*Professional Development Hours Provided \*Breakfast Provided

# **REGISTRATION INFORMATION**

SHEPARD SCHOOLS 2017-2018 PROFESSIONAL WORKSHOP SERIES Special Focus on Challenging Behaviors

> Now taking registrations for Workshop #1 Wednesday November 8, 2017 8:30 am -12:00 pm

*Topic:* School Refusal: Identification and Evidence-Based Intervention Strategies

Presenter: Dr. Daniela Colognori, Psy.D. Licensed Clinical Psychologist

### COST

There is no cost for attending the workshops.

#### REGISTRATION

To register please e-mail the following information to khaber@shepardschools.org

- Name of Participant
- S<mark>chool District</mark>
- Discipline
- Address
- P<mark>hone Number</mark> and E-mail

You will receive a registration confirmation e-mail back. Please print that e-mail out and bring it to the workshop as your ticket.

Also, please note that only four people per district may register.

For more information about the workshops please contact Teri Schafer at Shepard Schools at 973 984-1600 or e-mail Graham Hartke, Psy.D. ghartke@shepardschools.org

In case of inclement weather please call us or check our website for more information.

## **WORKSHOP INFORMATION**

Date: Wednesday November 8, 2017

Location: Shepard Preparatory High School 8 Columba St Morristown, NJ 07960

**Topic:** School Refusal: Identification and Evidence-Based Intervention Strategies

Presenter: Daniela Colognori, Psy.D., Licensed Clinical Psychologist

**Overview:** School Refusal is one of the most vexing and impairing problem behaviors that affect childhood. An acute episode of school refusal can quickly become chronic and interfere in multiple domains of the youth and family's lives. There are many reasons that lead to students refusing school, and therefore identifying the primary function of the behavior is critical. Anxiety, depressed mood, and intolerance of negative affect are often at the root of school refusal. Successful intervention requires a concerted, coordinated effort involving the child, family, school and mental health professional. Attendees of the workshop will become familiar with methods to assess the factors maintaining a student's school refusal behavior and recommended intervention strategies.

#### About the Presenter: Dr. Daniela Colognori, Psy.D.

is a licensed clinical psychologist specializing in children, adolescents, and families with an emphasis on cognitive behavioral therapy for anxiety, mood, tic, and body focused repetitive behavior disorders. Dr. Colognori received her B.A. in psychology from Boston College and earned her Psy.D. in Clinical Psychology from the Graduate School of Applied and Professional Psychology at Rutgers University in 2010. She completed her pre-doctoral internship at Geisinger Medical Center in Pennsylvania, providing evidence-based treatment for children and adolescents in the outpatient department as well as consultation/liaison services for youth being treated for medical conditions at Janet Weis Children's Hospital. Dr. Colognori went on to further specialize in CBT for youth with anxiety disorders during her post-doctoral fellowship at the NYU Child Study Center, working in NJ schools to train counselors in an evidence-based program for adolescents with social anxiety disorder. Dr. Colognori held an Assistant Professor position in the Combined School & Clinical Psychology doctoral program at Kean University in Union, NJ from 2012-2015, teaching graduate courses in Developmental Psychology, Child Psychopathology, and Evidence-based Psychological Treatment for Children and Adolescents. Currently, Dr. Colognori is the Clinical Director of the Tourette Syndrome Clinic at the Graduate School of Applied and Professional Psychology at Rutgers University and sees clients in her practice, Specialized Psychological Services, in Short Hills, NJ.

# WORKSHOP SCHEDULE

## Wednesday November 8, 2017

- 8:30am Registration and Breakfast
- 9:00am Welcome and Introduction Graham Hartke, Psy.D. & Grace Zambelli, Ph.D. School Psychologists, Shepard Schools
- 9:15am Workshop Presentation
- 10:30am Break
- 10:45am Workshop Presentation (cont...)
- 11:50am Final Remarks
- 12:00pm End of Workshop





### SHEPARD SCHOOLS

Now in two locations

Shepard School 2 Miller Rd Kinnelon, NJ 07405 &

Shepard Preparatory High School 8 Columba St Morristown, NJ 07960

Tel: (973) 984-1600 Fax: (973) 984-9722

## **ABOUT SHEPARD SCHOOLS**

**Shepard Schools** are NJ state-approved private school programs for classified students with behavioral and/or learning problems. We service students in elementary, middle and high school. We have locations in Kinnelon, NJ and Morristown, NJ. Our current enrollment is comprised of over 120 school age children.





# Shepard offers a wide range of programs and services including:

- Differentiated instruction as per IEP mandates
- Elementary School, Middle School, College Preparatory, and AP Curriculums
- Evidenced based Social-Behavioral Program (Wolf Program©)
- Vocational-transition curriculum, job sampling/coaching
- Academic support including supplemental instruction (i.e. reading instruction with Wilson Program, etc.)
- · Counseling services and crisis intervention
- Occupational Therapy and Speech/Language Therapy
- After-school Program
- Weekly parent contact
- Family skills groups
- Participation in clubs, assemblies, special activities
- Psychiatric and psycho-educational assessment
- Functional behavioral assessment and behavior plans
- On site HSPA, SAT and ACT administration
- Extended School Year Summer Program

